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## OUR APPROACH

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Our approach to Aged Care services is to harness your abilities and your motivation. To leverage off and strengthen your current capabilities so that you can enjoy a socially active lifestyle and increased independence.

At Lifebridge, no two plans are the same, but you may share common interests, history or goals with like-minded people. As such, we seek to introduce you to people we know you're going to get along with. It is also important that you have a supportive network of peers that you can share with and learn from.

Our unique community provides just that. Support from peers and the opportunities for new friendships. Share experiences, laughs, challenges and learnings with others and have some fun along the way.



Discover Lifebridge  
Visit [lifebridge.org.au](https://lifebridge.org.au) or call **1800 043 186**

Funded by the Australian Government Department of Health.  
Visit the Department of Health website  
([www.health.gov.au](https://www.health.gov.au)) for more information

## AGED CARE SERVICES

*we enable, we enhance, we connect*



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## ABOUT LIFEBRIDGE

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Lifebridge Australia is a leading provider of Aged Care and Disability Services in the NSW, Far North Coast region. Lifebridge has been providing community services since 1987 and continues to uphold a continuing passion for exceptional service delivery.

Lifebridge delivers a range of person centred services, tailored, to your needs and goals. These services are designed to help you increase your independence and to support you to live your life, your way.

At Lifebridge we aspire to see independence and inclusion for the Aged and people with a Disability in our community.

Unique to our customers is the Lifebridge Advantage.



*Supporting you to live your life your way*

Lifebridge Advantage is a unique experience exclusive to Lifebridge.

The Lifebridge Advantage is an initiative that has been developed over 30 years to provide our customers with unparalleled opportunity and confidence. Lifebridge Advantage uses the knowledge and insight gained from 30 years of working with the aged and people with disability, combined with evidence based research to deliver a unique approach to community services.

It focuses on an individual's strengths and interests to maximise their opportunity in meeting their life goals. The Lifebridge Advantage experience provides each person with extensive support gained from a friendly and active community. This welcoming and inclusive community nurtures each individual and promotes the practice of learning through doing.

Lifebridge Advantage acknowledges that each person is unique and responds differently. It actively listens to each individual and ensures collaboration in every decision made and every activity selected. This approach ensures that the goal of each customer is met with an activity that has meaning and purpose to the individual.

Through the Lifebridge Advantage you will be empowered and encouraged to participate and discover new opportunities.

The Lifebridge Advantage will support you to live your life, your way.



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## AGED CARE SERVICES

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Our Aged Care Services are tailored to you because we understand that everyone ages differently.

Each person's personal circumstances, living and lifestyle factors are truly unique and are important considerations when forming your plan. Most importantly throughout this process are your needs, interests and goals. Time also formulates part of the plan and outcomes can only be achieved when the timing is right for you.

At Lifebridge, we offer a tailored range of activities that are designed around your life experiences and interests. Each activity is designed to provide engagement and purpose as well as strengthen your sense of value.

No matter what stage you're at, you can participate with one-on-one support, in group activities and in local community activities. Our friendly community at Lifebridge is welcoming and forever excited by fresh faces. Develop friendships and share in great memories.

Additionally, if you're not supported with individual funding, you are still able to participate in our programs through our Fee For Service option.

## OUR PROGRAMS

### **When you're ready.**

It's important to allow yourself the time to explore your options and to decide when you're ready to join our community. When you're ready we'll be here to support you and to give you choice.

### **It's your choice.**

When it comes to developing your plan, you lead the way. You choose the activities that you want to participate in, and if you can't find what you're looking for, we can help you there too. Regardless of the type or amount of support you need, we'll support you so you can achieve your goals.

- Domestic Assistance
- Cottage Based Programs
- Community Access Programs
- Individualised 1:1 Support
- Social Support
- In-home Respite
- Packaged Care

